## BOULDER ALCOHOL EDUCATION CENTER

## **DISCLOSURE STATEMENT**

Information provided by and to the Individual during therapy is legally confidential and cannot be released without the Individual's consent. There are exceptions to this confidentiality, some of which are listed in Section 12-43218 of the Colorado Revised Statutes as well as other exceptions in Colorado and Federal law. Mental health professionals are required to report child abuse to authorities. If a legal exception to confidentiality arises during therapy, if feasible, you will be informed.

You are entitled to receive information from your therapist about the methods of therapy, techniques used, duration of your therapy and the fee structure. You can seek a second opinion from another therapist or terminate therapy at any time. In a professional relationship, sexual intimacy is never appropriate and should be reported to the Board that registers, certifies or licenses the registrant.

The regulatory requirements applicable to mental health professionals are as follows:

- ✓ Registered psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado but is not licensed or certified by the State and is not required to satisfy any standardized educational or testing requirements.
- ✓ Certified Addiction Counselor I (CAC I) must be a high school graduate or the equivalent, complete required training hours and 1000 hours of clinically supervised work experience.
- ✓ Certified Addiction Counselor II (CAC II) must be a high school graduate or the equivalent and meet the CAC I requirements, complete additional training hours above the CAC I, and 2000 hours of clinically supervised work experience.
- ✓ Certified Addiction Counselor III (CAC III) must have a bachelor's degree in the behavioral health sciences or field; complete additional training above the CAC II, and 2000 hours of clinically supervised work experience.
- ✓ Licensed Addiction Counselor must have a clinical master's degree, meet the CAC III requirements, and pass a national examination in addiction treatment.
- ✓ Licensed Social Worker must hold a master's degree in social work.
- ✓ Psychologist Candidate, Marriage and Family Candidate, and a Licensed
- ✓ Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.
- ✓ Licensed Clinical Social Worker, Licensed Marriage and Family Therapist, and a Licensed Professional Counselor must hold a master's degree in their profession and have two years of post-master's supervision.
- ✓ Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision.

BAEC is a substance use disorder treatment program licensed by the Colorado Department of Human Services, Office of Behavioral Health. The counseling staff employed at BAEC and their qualifications are as follows:

\_John Gilburt, Ph.D., CACIII - Earned his AB., Psychology, 1966, University of Southern California; MA, 1980 & Ph.D., 1990, Education Psychology, University of Colorado, Licensed Psychologist, first CAC III Counselor in Boulder, Co, and 42 years' experience. John is a nationally know expert in Forensic Psychology and Substance Abuse effects on Cognition and Criminal Behavior, as well as Bio & Neuro-Science of Alcoholism.

Beth Lichtenstein MA, LPC, – Earned her Master of Arts degree in Transpersonal Counseling Psychology from Naropa University in Boulder, Colorado; Bachelor of Art's degree Double Distributed Major in Psychology and Religious Studies with an emphasis on Eastern studies at the University of Colorado in Boulder, Colorado.

\_Alejandro Perez, BA, CAC II - Earned his bachelor's degree Physical Education and Recreational Therapy from the University of Guadalajara. He is a certified addictions counselor Level II, is bilingual and has worked in the substance abuse field since 1991. His areas of expertise are prevention, parent education and family intervention. (Spanish-language). Active in Latino Community.

\_\_Jeffrey M. Price, MA, LPC, LAC - Earned his Master of Arts degree from Naropa University in Contemplative Psychotherapy in 1997 and is licensed in Colorado as a Licensed Professional Counselor, and as a Licensed Addictions Counselor. He has been working in the mental health field since 1991. Jeff is a nationally known seminar Presenter and Expert in Group Process.

\_\_Meryl Romer, MA, CAC III, Earned her Master of Arts Degree from Naropa University in Dance Movement Therapy in 1993; her post-graduate certification in Dance Therapy from Helion Center for the Arts in New Jersey in 1975; and her bachelor's degree in psychology and Special Education in 1973 in Staten Island, N.Y. Meryl is a supervisory level drug and alcohol addiction counselor and has worked widely for 25 years with a dually-diagnosed population of men and women in individual and group therapy. For 12 years, she supervised a team that treated pregnant and parenting women struggling with addiction. Meryl worked with the Boulder County Drug Court for 8 years and has 42 years of meditation practice.

\_\_ Donna Cooper, MA, CAC III – Earned her Master of Arts degree from the University of Colorado, Denver in 1993. She has also completed classes and course work for Addiction Counseling between 1998 and 2004 and has a supervised level certificate. Her other

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primary post graduate work has been in somatic therapy for a while and, also received her certification from Sensorimotor Psychotherapy Institute, Broomfield, Colorado in Developmental and Physical Trauma.

## Ability to

The practice of registered, certified or licensed persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. Questions and complaints regarding addiction counselors may be addressed to: Board of Addiction Counselor Examiners 1560 Broadway, Ste. 1350, Denver, CO 80202 303-894-7800

The Division of Behavioral Health has the general responsibility for regulating practices of licensed substance use disorder treatment programs in the State of Colorado. Questions and complaints may be directed to: Colorado Department of Human Services, Division of Behavioral Health 3824 W. Princeton Circle, Denver, CO 80236 (303) 866-7400

I understand that my alcohol and/or drug treatment records are protected under the Federal Confidentiality Regulation, 42 C. F. R., Part 2, governing Confidentiality of Alcohol and Drug Abuse Patient Records. Confidential information cannot be disclosed without my written permission unless otherwise provided for by the regulations.

Individual's Signature	Date
Counselor's signature and credentials	Date
Would you like a cop	y of this form? No Yes